

## A Short Border Morris Dance – Les Ord

**Formation** – 6 or 8 people in a set. In 2 equal lines, facing forward towards the music

**Tune** – Hornpipe or steady polka. Alternating A and B music (8 bars of each).

**Step** – Step-hop throughout, or you can stand still during clapping if necessary

### **Sequence**

1. Foot up – Facing the music, all do 4 step-hops forward then 4 step-hops back. Repeat this sequence.
2. Clapping – Clap own hands together once, clap right hand to your partner's right once, clap own hands together once, clap left hand to your partner's left once, clap own hands together once, clap own hands together once behind your back, clap own hands together once, clap both your hands to both your partner's hands. Repeat the sequence.
3. Right hand star, left hand star – In groups of 4, place right hand into the centre of the group and do 8 step-hops round. Turn left (outward) to face the other way, put the left hand into the middle and do 8 step-hops back to place. If the set doesn't divide into 4 then just do this by linking hands with your partner.
4. Clapping
5. Back to back – Facing your partner, dance forward for 4 step-hops passing right shoulders. Then reverse back to place with 4 step-hops passing left shoulders. Repeat this sequence in the reverse direction i.e. pass left shoulder going forward and right shoulder coming back.
6. Clapping
7. Circle – Right hand line turn and face away from the music, left hand line face the music, dance round in a circle for 8 step-hops, by following round at top and bottom of set. Turn out left and dance 8 step-hops back again.
8. Big finish (Optional) – Everyone scatter with lots of noise and movement in a random manner (the bit some teachers hate!)